# Offering of Letters Sample

[Date]

Rep.

U.S. House of Representatives Washington, DC 20515

Sen.

U.S. Senate Washington, DC 20510

Dear Senator , / Dear Representative ,

The farm bill is our nation’s most important national food system legislation. It is critical to ending hunger at home and abroad. Indeed, the farm bill impacts each one of us.

As Congress works to reauthorize the farm bill, I urge you to support legislation that protects vital domestic and international nutrition programs.

Specifically, I ask you to:

* Protect the Supplemental Nutrition Assistance Program (SNAP) and Thrifty Food Plan from harmful cuts now and in the future.
* Protect Food for Peace from provisions that will negatively impact or roll back the program’s humanitarian and development capacities.

[Add a sentence or two about why these specific programs are important to you. For example: As a person of faith, I am moved to help and advocate for people experiencing hunger and poverty – no matter where they live. OR, I have experienced food insecurity during my life, and I believe we must do all we can to end this problem everywhere. I urge you to support a farm bill that protects vital domestic and international nutrition programs….]

Sincerely,

[Your name] [Your address]

Revised on 7/8/2024

# Quick Tips for an Effective Letter

1. **Ask for a specific action, using your own words or this sentence:**
   * I urge you to support a farm bill that builds healthy, equitable, and sustainable food systems.
2. **Give reasons for your request and make it personal.**
   * Share a personal reason or story that motivated you to write.
   * Show own organization’s commitment: “My church is helping by (example) but I also urge you to protect the Supplemental Nutrition Assistance Program (SNAP) from cuts.”
3. **Write your name and address at the end of your letter and on the envelope, so your members of Congress know you are one of their constituents.**
4. **For more impact, consider scheduling a meeting at your members office (or online) and personally deliver the letters with a delegation from your congregation/organization. You**

**can contact your regional organizer for support.**

1. **Send your letters to your member’s local office or DC offices, and please don’t mail them to Bread for the World. If you’re mailing your letter, put each letter in a separate envelope and**

**address it. To send a personalized email, go to bread.org/farmbill.**

* + Find addresses here: https:/[/www.house.gov/represen](http://www.house.gov/representatives/find-your-representative)t[atives/find-your-representative](http://www.house.gov/representatives/find-your-representative) https:/[/www.sena](http://www.senate.gov/senators/senators-contact.htm)t[e.gov/senators/senators-contact.htm](http://www.senate.gov/senators/senators-contact.htm)

1. **For the OL group leader: Be sure to report your letter and results at the bottom of the OL home page or** [**click here**](https://go.bread.org/page/62571/survey/1?ea.tracking.id=2024OLReportWeb)**.**