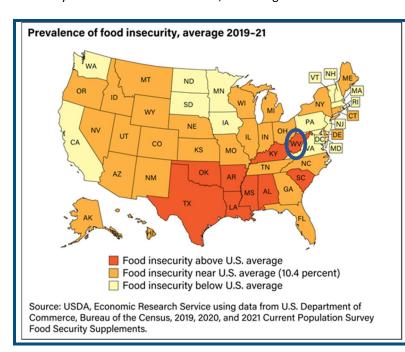


# West Virginia

## A Hunger and Poverty Snapshot

#### Between 2019-2021:

- Food insecurity in West Virginia averaged 14%.<sup>1</sup>
- That makes West Virginia the 4<sup>th</sup> hungriest state with a food insecurity rate 34% higher than the national average of 10.4%.<sup>2</sup>
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 15.0%.<sup>3</sup>
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the poverty rate falls to 9.6%. In other words, these programs reduced the poverty rate in West Virginia by 36% and the number of people living in poverty by 99,000.
- SNAP, alone, lifted 62,000 people above the poverty line in West Virginia, including 21,000 children, per year between 2013 and 2017, on average.<sup>6</sup>



#### Nutrition and Health

Diabetes and other diet-related health costs in West Virginia were estimated to be \$2.3 billion<sup>7</sup> in 2017.

15.7% of the adult population in West Virginia has been diagnosed with diabetes in 2020.8 This includes:

- 27.6% of seniors.
- 15.9% of white adults.
- 22.8% of adults with incomes of less than \$25,000.

Every year an estimated 10,519<sup>9</sup> adults in West Virginia are diagnosed with diabetes.

Only 8.4% of adults in the state are meeting recommended fruit intake and 6.9% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe West Virginia has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition Equity Sustainability

Bread for the World supports strengthening SNAP in West Virginia.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 17% of West Virginia residents were helped by SNAP.<sup>11</sup>

- Roughly 82,700 workers in West Virginia live in households that participated in SNAP in 2021.<sup>12</sup>
- SNAP helps 1 in 9 workers in West Virginia put food on the table.<sup>13</sup>
- 59% of SNAP participants were in families with children, and 44% in families with members who are older adults or are disabled.<sup>14</sup> 88% of all SNAP-eligible people in West Virginia participate in the program.<sup>15</sup>

Bread for the World supports farm policies that promote a more equitable food system in West Virginia.

The West Virginia population is 91.5% white. According to the most recent Census of Agriculture, 98% of farmers and ranchers (producers) in West Virginia are white and occupy 98% of all farmland. 16

- Black producers represent <1% and occupy <1% of farmland.
- Hispanic producers represent 1% and occupy 1% of farmland.
- Asian producers represent <1% and occupy <1% of farmland.
- Indigenous producers represent <1% and occupy <1% of farmland.</li>

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in West Virginia.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 261,000 tons<sup>17</sup> of surplus food in West Virginia went to waste instead of reaching those who needed it, an amount equal to:

- 418 million meals unsold or uneaten.<sup>18</sup>
- \$1.66 billion in lost sales.<sup>19</sup>
- Annual CO2 emissions produced by 262,872 gasoline-powered cars.<sup>20</sup>,<sup>21</sup>

### **Footnotes**

<sup>&</sup>lt;sup>1</sup> https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

<sup>&</sup>lt;sup>2</sup> Bread for the World, based on USDA reporting, See Note 1.

<sup>&</sup>lt;sup>3</sup> https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

<sup>&</sup>lt;sup>4</sup> https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

<sup>&</sup>lt;sup>5</sup> https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

 $<sup>{}^{6}\,\</sup>underline{\text{https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets\#West\_Virginia}$ 

<sup>&</sup>lt;sup>7</sup> https://diabetes.org/about-us/statistics/by-state

<sup>8</sup> https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/WV

<sup>&</sup>lt;sup>9</sup> https://diabetes.org/about-us/statistics/by-state

<sup>10</sup> https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s\_cid=mm7101a1\_w#T1\_down

<sup>11</sup> https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#West Virginia

<sup>&</sup>lt;sup>12</sup> https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#West Virginia

<sup>13</sup> https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#West\_Virginia

<sup>&</sup>lt;sup>14</sup> https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#West Virginia

<sup>15</sup> https://www.fns.usda.gov/usamap

<sup>&</sup>lt;sup>16</sup> https://www.nass.usda.gov/Publications/AgCensus/2017/Online Resources/County Profiles/West Virginia/

<sup>&</sup>lt;sup>17</sup> https://insights-engine.refed.org/food-waste-monitor?break\_by=food\_type&indicator=tons-surplus&view=detail&year=2019

<sup>18</sup> https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

<sup>&</sup>lt;sup>19</sup> https://insights-engine.refed.org/food-waste-monitor?break\_by=food\_type&indicator=tons-surplus&view=detail&year=2019

<sup>&</sup>lt;sup>20</sup> https://insights-engine.refed.org/food-waste-monitor?break\_by=food\_type&indicator=tons-surplus&view=detail&year=2019

<sup>&</sup>lt;sup>21</sup> https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator