Prayers While Cooking

Dear God, thank you for this food. May all your people eat so well. Amen.

Dear God, thank you for all of these ingredients (*name each one*). Be present in the preparing and eating of this meal, and be present with all those who have no food today. Show me how my life can be a blessing to them, and lead us all toward that day when no one will suffer from hunger anymore. Amen.