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Getting Around Capitol Hill

How do I find my senator or representative's office?

Lobby Day visits will take place in three Senate and three House office buildings. On the **Senate** side, the buildings are **Russell, Dirksen, and Hart**. The **House** buildings are **Cannon, Longworth, and Rayburn**.

Room numbers are posted near the elevators in each building. The House buildings have a unique room numbering system that identifies both the building and room number. For example, if the room number is a three-digit number, the room is in Cannon; four-digit numbers beginning with "1" are in Longworth; and four-digit room numbers beginning with "2" are in Rayburn. Ask any Lobby Day staff volunteer for help if you're confused.

How do I get around Capitol Hill?

Tightened security in and around congressional buildings has made it more difficult to traverse Capitol Hill. Use the accompanying map to find the best way to get to and from your appointments.

Plan for potential delays getting through security when you enter the House or Senate office buildings. Guards may search purses and bags. To save time, please remove **all items** from your pockets before going through the metal detector. It is impossible to predict how intense the security screening will be on any given day. **Make sure you leave plenty of time to negotiate security and get to your meetings on time.**

Once you're in one of the Senate buildings, you can walk through well-lit tunnels to other Senate buildings (just ask the friendly guards where the tunnels are). You can do the same to get from one House building to another House building. But you **can't** use tunnels to go from House to Senate buildings or vice versa. You'll need to walk outside to do that.

What transportation is available?

Participants will walk to House and Senate Office buildings for their lobby visits. Capitol Hill Presbyterian Church is about a 15-minute walk (0.6 miles) from the Senate side of Capitol Hill. For participants with physical limitations, a special shuttle will be available to pick up and drop off at the taxi stand visitors' entrance to each building. Information in print will be available about the shuttle at Lobby Day.

Where can I get lunch?

We will provide a boxed lunch for you before you leave for Capitol Hill. There are also cafeterias in the lower levels of the Dirksen and Hart buildings (Senate side) and Rayburn and Longworth buildings (House side)—though some of these may be restricted to Capitol Hill staff at certain hours.

Where can I keep my luggage for the day?

If you plan to head out directly after Lobby Day activities, we will gladly hold your luggage in a secure location at Capitol Hill Presbyterian Church. Please bring your luggage to the Lobby Day registration table by 8:00 a.m. on Tuesday, June 7 if you'd like it stored. **All luggage must be picked up by 6:00 p.m. at Capitol Hill Presbyterian Church** (see accompanying map).