



Hunger and Poverty in the African-American Community

What's the Problem?

While hunger declined from last year for the general U.S. population, African Americans experienced a one percent increase, an increase of 187,000¹ African American households. Unfortunately, African Americans are still more likely to be food-insecure than other Americans. Being food-insecure, according to the U.S. Department of Agriculture, means that a person or household does not have regular, reliable access to the foods needed for good health.

This condition is a direct result of poverty, and racial and gender discrimination. While the United States has an overall poverty rate of 12.7 percent, according to the U.S. Census, within the African American community, the poverty rate is 22 percent. This rate is even higher in African-American female-headed households at 34.2 percent.

African Americans are more likely to lack access to food.

- Only 8 percent of African Americans live in areas with a supermarket, compared to 31 percent of whites². Almost 94 percent of the nation's majority African American counties are food-insecure.³

and poverty levels could be reduced with safety-net programs and policies that support female-headed households with children, target men who might have children but are unable to secure employment, and do not penalize married couples.

WHAT FACTORS CONTRIBUTE TO HUNGER AND POVERTY IN THE AFRICAN-AMERICAN COMMUNITY?

- Unemployment and low wages
- Less access to quality and affordable education
- Higher healthcare costs
- Less access to credit
- Higher debt levels
- Higher levels of incarceration



FOOD INSECURITY

	General Population	African Americans
All households	12.3%	22.5%
Households with children	16.5%	26%
Female-headed household with children	31.6%	N/A*

*The percentages of food-insecure African Americans are believed to be higher than the corresponding food-insecurity levels in the general population, however, data from USDA is not publicly available.

Source: Food Security in the United States, 2016. U.S. Department of Agriculture Economic Research Service.

Since poverty rates are much higher and income levels are much lower in African-American female-headed households compared to the general population, we expect that food-insecurity levels are also much higher among African-American female-headed households. This would suggest that hunger

The median income of African-American households is nearly \$20,000 less than the median income of other households.

\$39,490
African-American households

\$59,039
other households

As a result, African Americans are

THREE TIMES

as likely as whites to face what the USDA calls "very low food insecurity."

MORE ON THE CONTRIBUTING FACTORS TO HUNGER AND POVERTY:

Lower Employment and Income

African Americans are more likely to be unemployed, and to hold low-wage jobs with few or no benefits.

- 10.4 percent of African Americans are unemployed, not including part-time workers seeking full-time work or those returning from incarceration.

INCOME

	General Population	African Americans
Median income	\$59,039	\$39,490
Men	\$51,640	\$39,589*
Women	\$41,554	\$35,452*
Returning citizens	\$30,984*	\$23,753*

Source: Income, Poverty, and Health Insurance Coverage in the United States: 2016. U.S. Department of Commerce, U.S. Census Bureau, September 2017.

*U.S. Census Bureau. Table S0201. 2016 ACS 1 yr estimates. https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_16_1YR_S0201&prodType=table

*Collateral Consequences. The Pew Charitable Trusts. Estimations based on 40 percent reduction in earnings. www.pewtrusts.org/~media/legacy/uploadedfiles/pes_assets/2010/collateralcosts1.pdf

Poorer Education

Education can predict a person's earnings. Lower-resourced schools are located disproportionately in African-American communities.

- About 40 percent of African-American students (3.2 million children) attend high-poverty schools—six times the rate of whites.
- African-American college students have the highest level of student debt⁴ (\$29,344 on average) of any racial group.

Poorer Health⁵

Lack of nutritious food causes serious medical conditions, including obesity and diabetes. Healthcare expenses lead to higher debt levels and worsen financial stress.

- 55 percent of African Americans have out-of-pocket medical costs on credit cards because they cannot pay in full.
- 34 percent of African Americans did not see a doctor when ill for financial reasons.

Poor Credit

African Americans are more likely to have poor credit histories than whites with similar incomes. Poor credit can prevent people from securing:

- A job, place to live, or reliable car since many low-wage employers, housing units, and companies consider credit scores when hiring and accepting applicants.

Higher Levels of Debt

African Americans have lower incomes and higher debt levels. In addition, predatory lenders that charge higher interest rates concentrate in low-income communities, which increases the probability of falling into debt.

- African Americans spend more than half their incomes repaying debts.⁶
- Due to higher interest rates on loans, African Americans were 80 percent⁷ more likely to lose their homes during the Great Recession.

Mass Incarceration⁸

African Americans are more likely than others charged with similar offenses to be incarcerated. Soaring incarceration rates deplete community resources and money.

- African Americans are seven times as likely to be incarcerated as whites who commit the same offenses.
- The family of someone in prison owes on average more than \$13,000 in court costs alone.

African-American Leaders Fight Hunger

African-American leaders on the local, state, national, and international levels continue to do their part to fight hunger and poverty in their communities. To learn more visit bread.org/rise to see the contributions of African Americans throughout this century.

While African Americans make up only 13 percent of the U.S. population, they represent **22.5 percent** of those who are experiencing poverty and hunger, according

22.5%

to the U.S. Census. With advocacy for the right policies, we can reduce these numbers and end hunger in this community.



Almost **50 PERCENT** of all black children younger than 6 live in poverty—more than three times the proportion of young white children⁹.

Endnotes

¹ Bread estimations based on rising hunger among African Americans and total U.S. households. Census Quick Facts. <https://www.census.gov/quickfacts/fact/table/US/PST045216>

² Access to Affordable and Nutritious Food: Report to Congress, June 2009. U.S. Department of Agriculture, Economic Research Service. www.ers.usda.gov/media/242675/ap036_1_.pdf

³ Map the Meal 2015: Highlights of Findings for Overall and Child Food Insecurity. Feeding America. www.feedingamerica.org/hunger-in-america/our-research/map-the-meal-gap/2013/map-the-meal-gap-2013-exec-sum.pdf

⁴ The Debt Divide: The Racial and Class Bias Behind the "New Normal" of Student Borrowing. Demos. [http://www.demos.org/sites/default/files/publications/Mark-Debt%20](http://www.demos.org/sites/default/files/publications/Mark-Debt%20divide%20Final%20(SF).pdf)

[divide%20Final%20\(SF\).pdf](http://www.demos.org/sites/default/files/publications/Mark-Debt%20divide%20Final%20(SF).pdf)

⁵ The Color of Debt: Credit Card by Race and Ethnicity Demos Fact Sheet. Demos. http://www.demos.org/sites/default/files/publications/FACTSHEET_TheColorofDebt_Demos.pdf

⁶ Ibid.

⁷ "Them That's Got Shall Get." American Prospect. October 2015. <http://prospect.org/article/staggering-loss-black-wealth-due-subprime-scandal-continues-unabated>

⁸ Who Pays? The True Cost of Incarceration on Families. September 2015. <http://ellabaker-center.org/sites/default/files/downloads/who-pays.pdf>

⁹ State of Working America. Economic Policy Institute. <http://stateofworkingamerica.org/files/book/factsheets/poverty.pdf>