



**breadfortheworld**  
HAVE FAITH. END HUNGER.

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## **Bread Meditation**

Be gentle...when you touch bread.  
Let it not lie...uncared for, unwanted.  
So often...bread is taken for granted.  
There is such beauty in bread;  
beauty of sun and soil,  
beauty of patient toil.  
Wind and sun have caressed it.  
Christ often blessed it.  
Be gentle...when you touch bread.

*Discovered next to a loaf of bread,  
tucked in an alcove at Cartmel Priory, England  
Bread for the Preacher, August 2009*